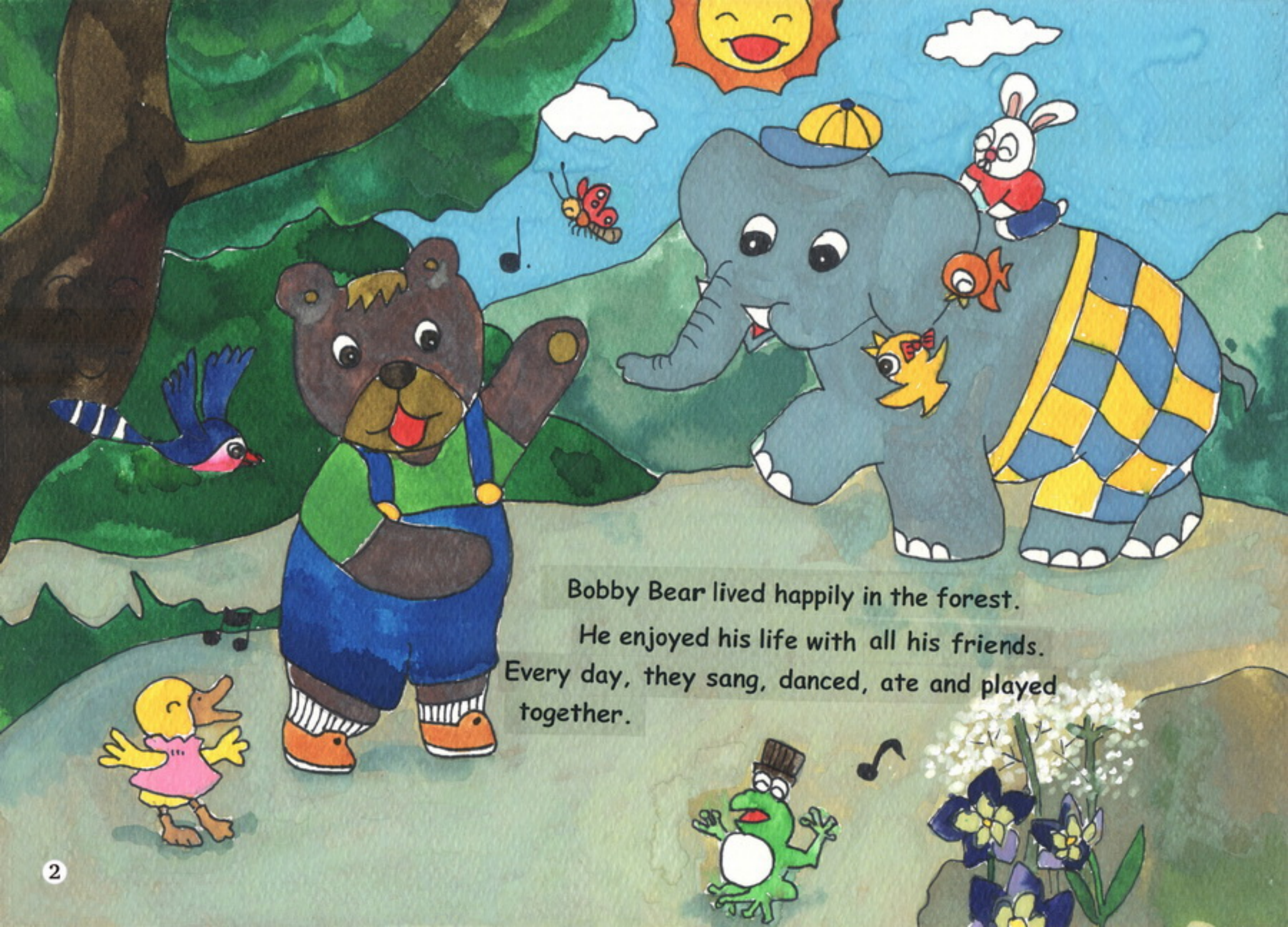




Couldn't Fall Asleep!

# Couldn't Fall Asleep !

Written by Ching-Wei Peng  
Illustrated by Pei-Yi Hsiao



Bobby Bear lived happily in the forest.

He enjoyed his life with all his friends.  
Every day, they sang, danced, ate and played  
together.



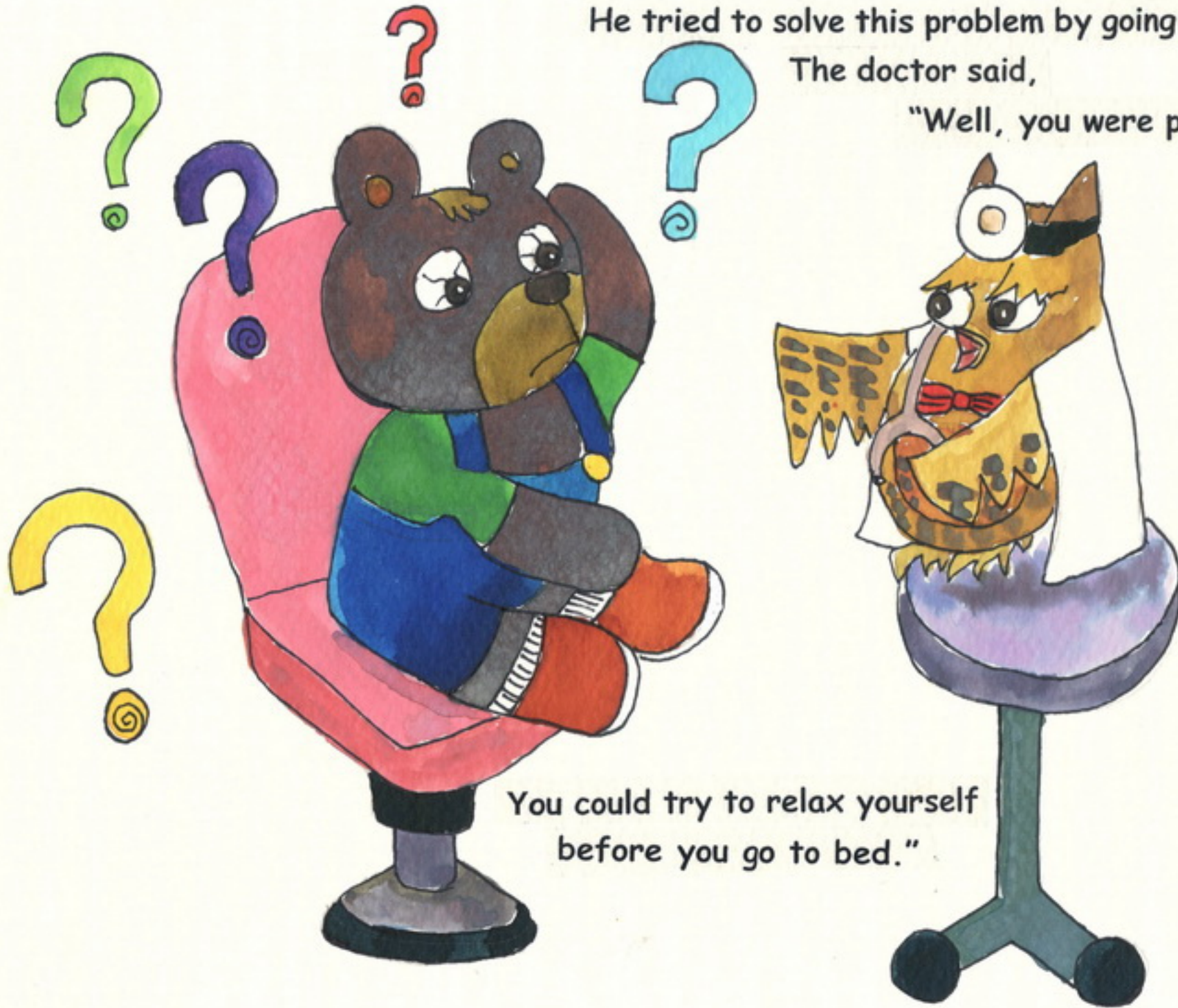
However, one night, Bobby Bear couldn't fall asleep! He was so worried about it because he could not sing, dance, eat or play well with his friends as he was too tired.



He tried to solve this problem by going to the doctor.

The doctor said,

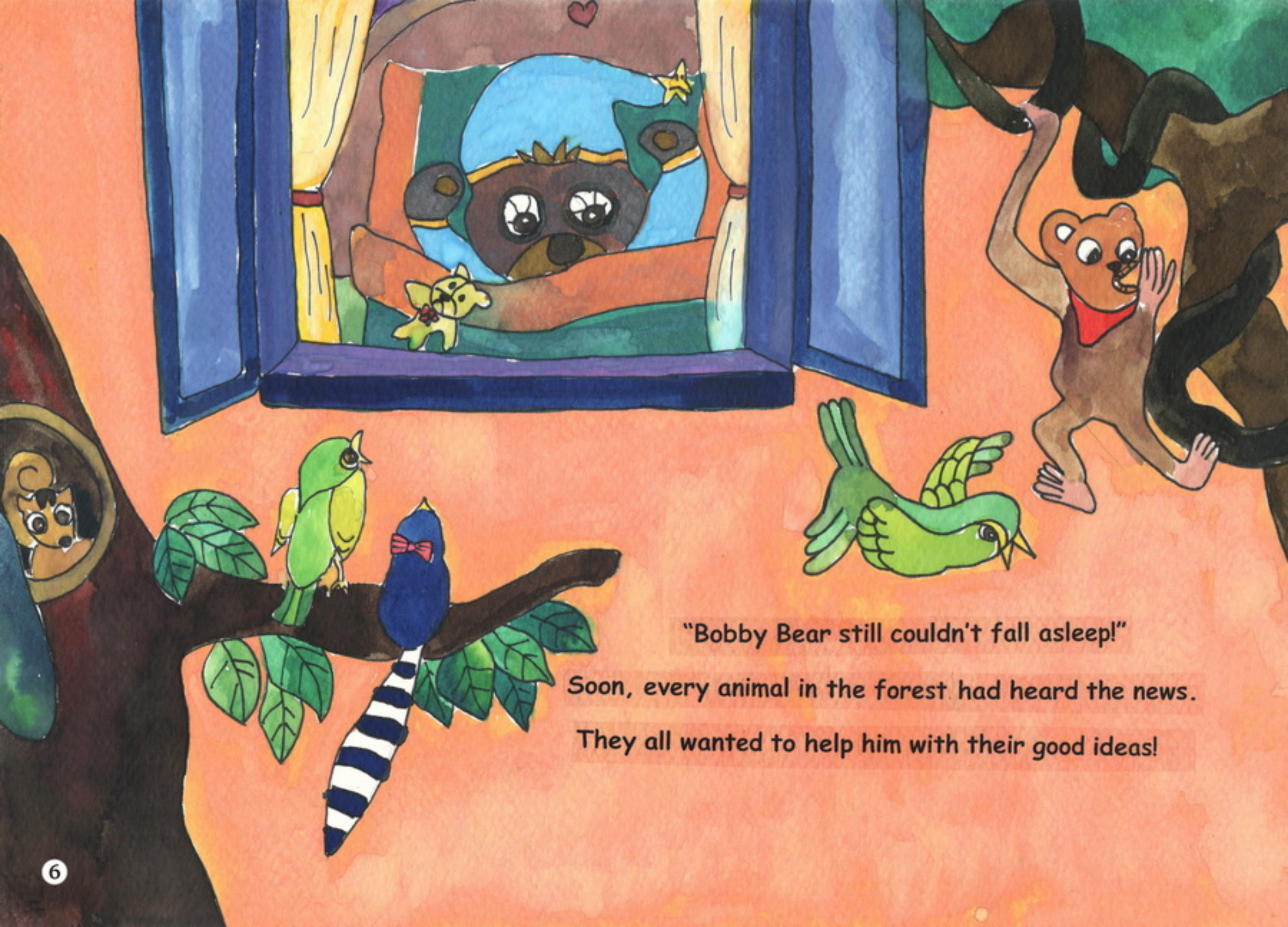
"Well, you were probably too nervous.



You could try to relax yourself  
before you go to bed."



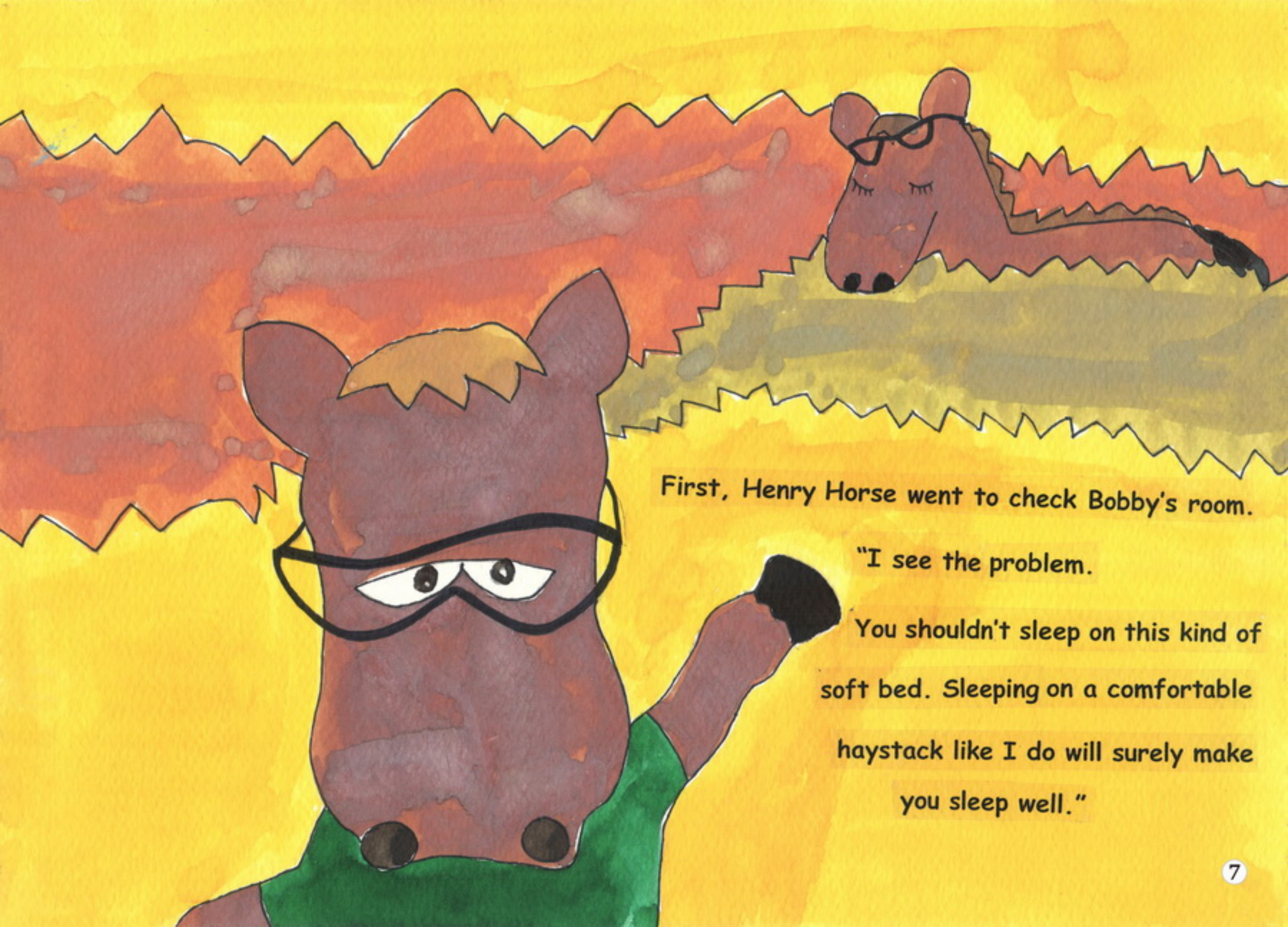
That night Bobby Bear tried to relax as the doctor had suggested, but, it didn't work! He still stayed up very late and it made him feel very tired.



"Bobby Bear still couldn't fall asleep!"

Soon, every animal in the forest had heard the news.

They all wanted to help him with their good ideas!



First, Henry Horse went to check Bobby's room.

"I see the problem.

You shouldn't sleep on this kind of soft bed. Sleeping on a comfortable haystack like I do will surely make you sleep well."





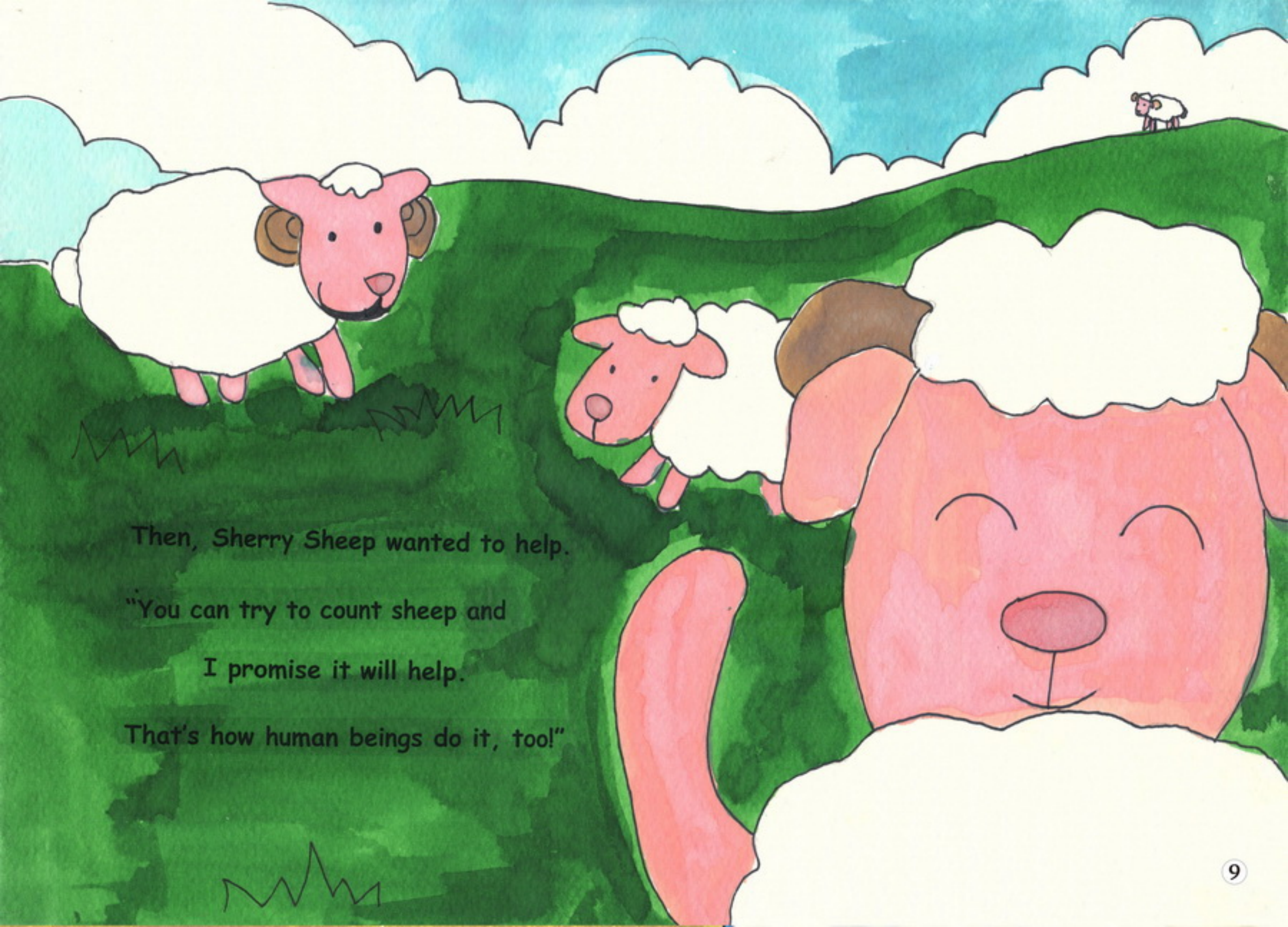
Bobby Bear followed his friend's advice that night.

However, it didn't work well

and he was bitten by fleas in the haystack.

He still couldn't fall asleep!



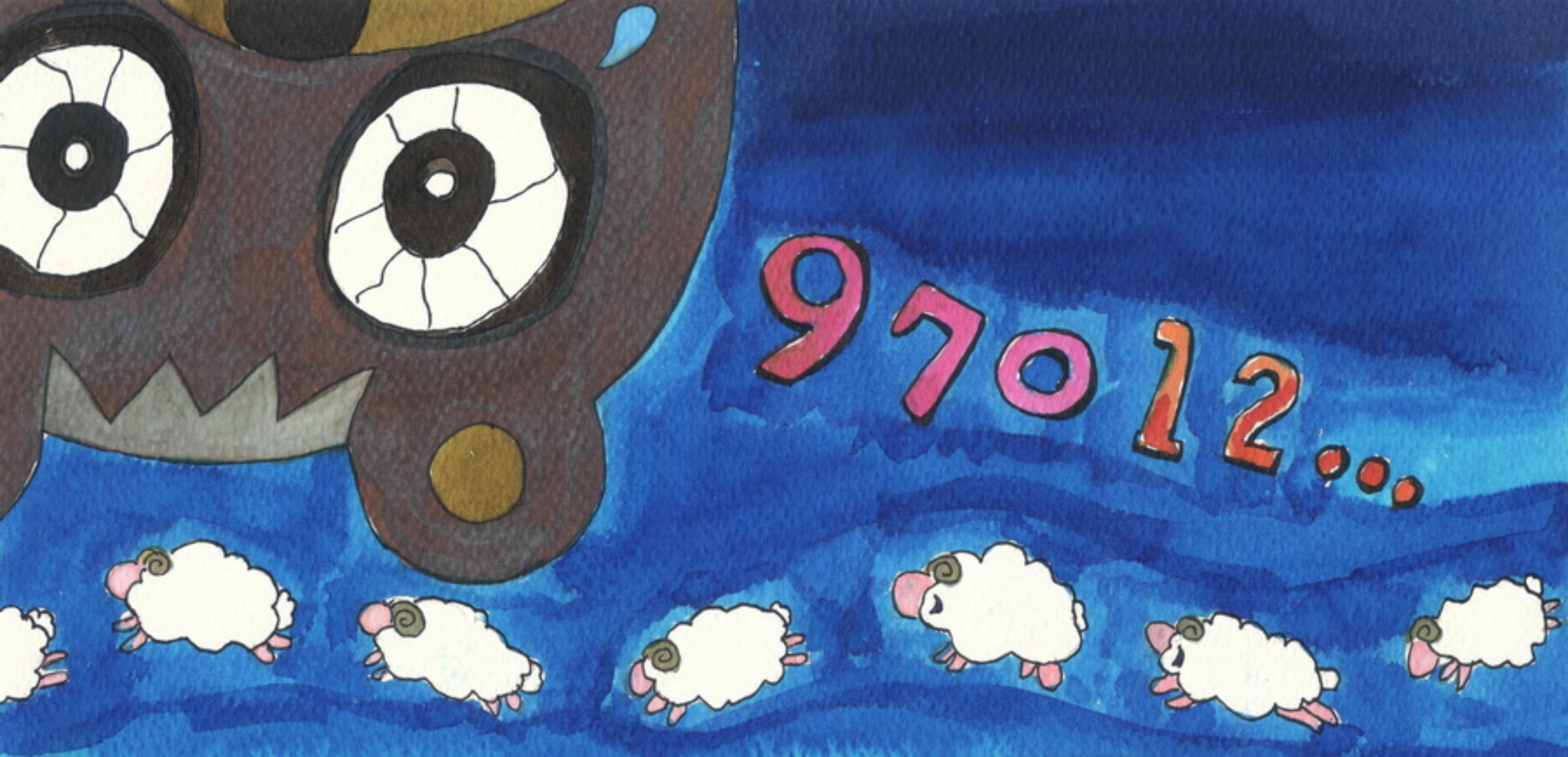


Then, Sherry Sheep wanted to help.

"You can try to count sheep and

I promise it will help.

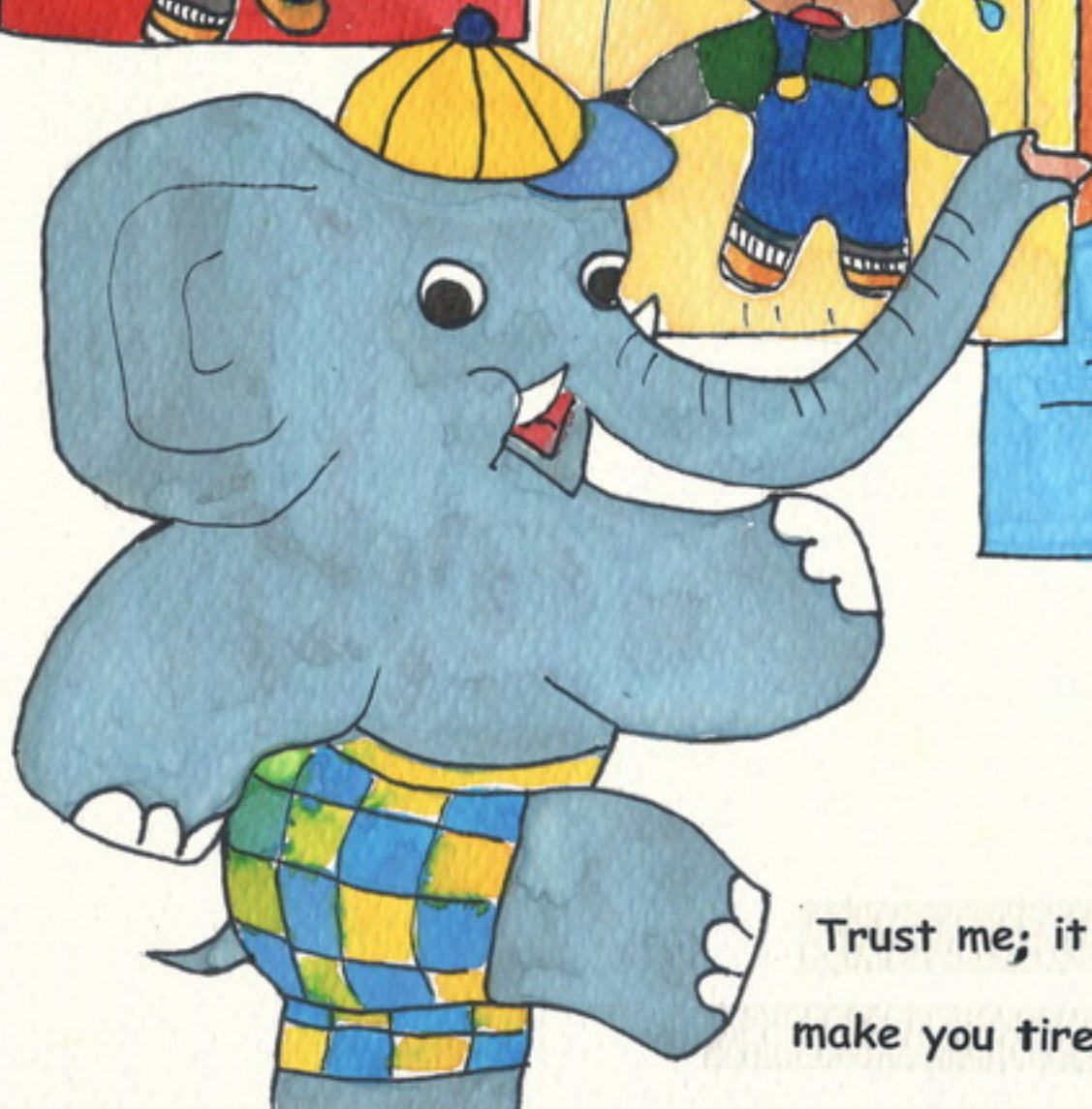
That's how human beings do it, too!"



Bobby Bear started to count sheep that night. "One, two, three, ..., one hundred and one, one hundred and two, ..., one thousand and one, one thousand and two, ..., ten thousand and one, ten thousand and two, ..."

He counted till the early morning, but he still couldn't fall asleep!

The next day, it was Ellen Elephant's turn! "Let me show you my way to get to sleep well! You should do exercise, like running, jumping rope, swimming or doing push-ups.



Trust me; it will  
make you tired and you will have sweet dreams!"

Bobby Bear tried this that night. He did all the kinds of exercise that Ellen had said.

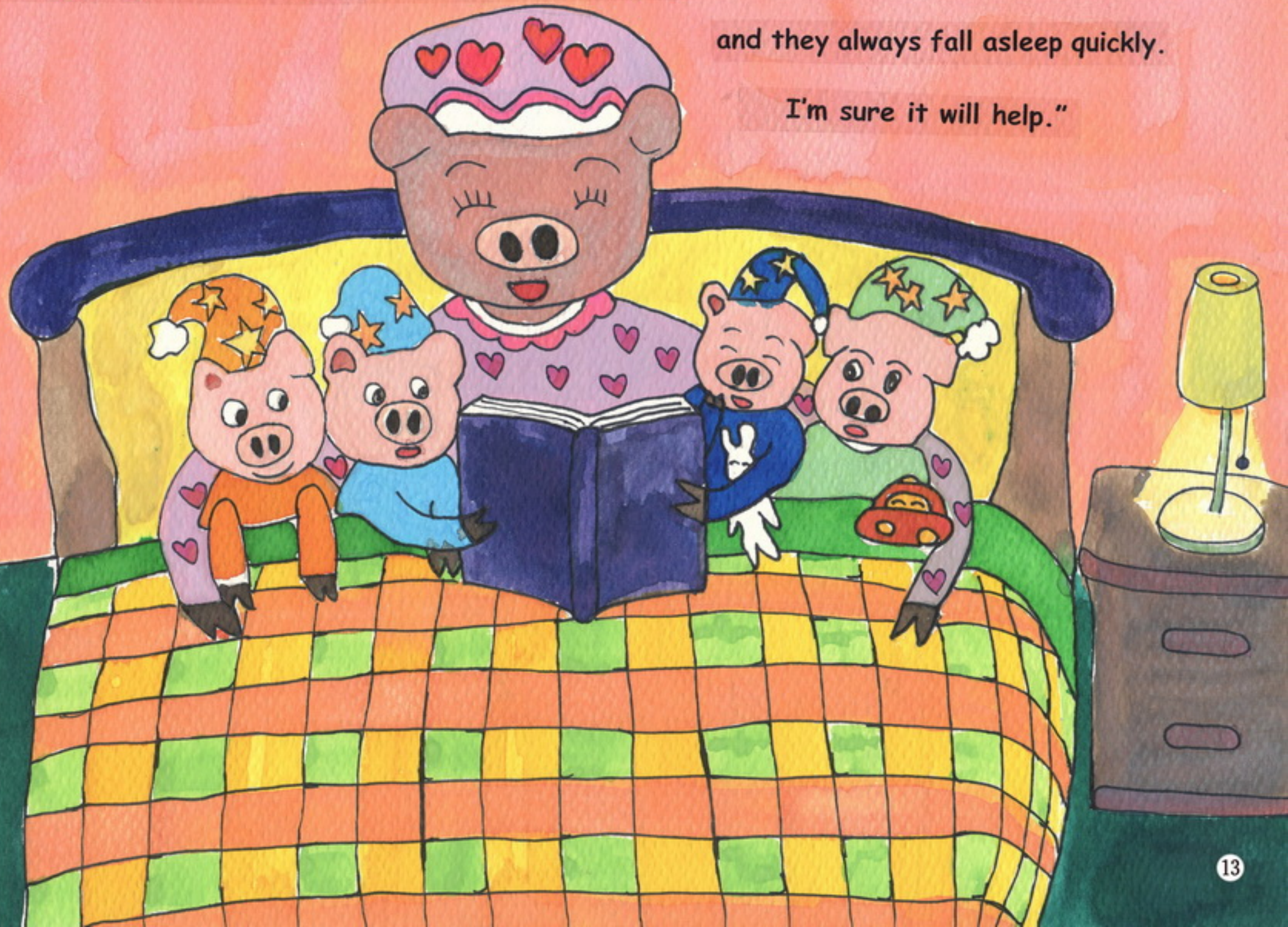
However, it didn't work and he got a warning from his neighbors because it was too noisy.



Peggy Pig came to help, too. "Don't worry! Every night, I read stories to my little piglets,

and they always fall asleep quickly.

I'm sure it will help."



That night, Peggy Pig went to his house, asked him to get on the bed and started to read stories to Bobby Bear. She read "Three Little Pigs," "The Ugly Duckling," "Snow White," and "Puss in Boots."



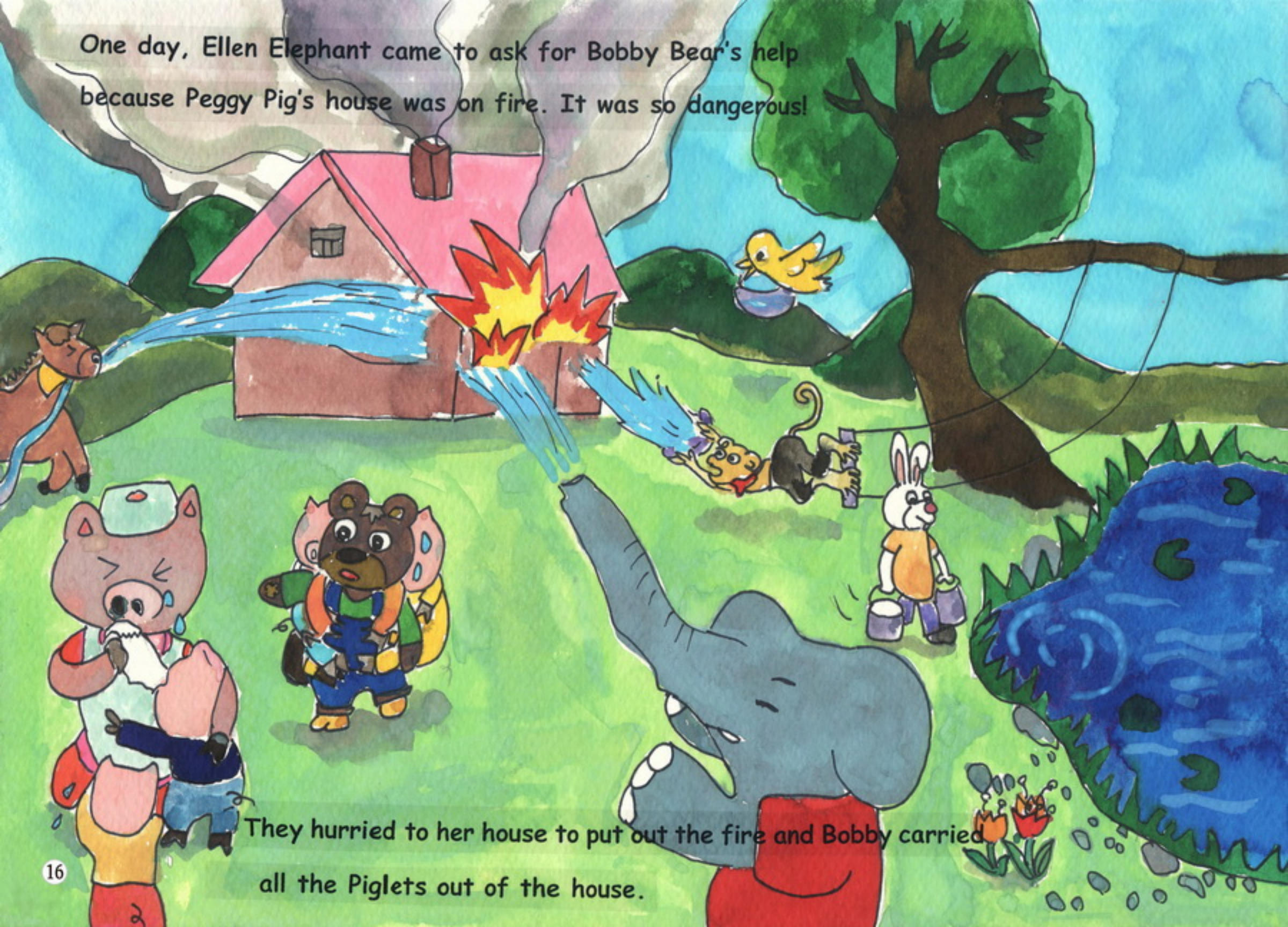
Finally, somebody fell asleep!  
However, it wasn't Bobby Bear.

It was Peggy Pig!!!  
She slept in the bed but Bobby Bear still couldn't fall asleep.





One day, Ellen Elephant came to ask for Bobby Bear's help because Peggy Pig's house was on fire. It was so dangerous!

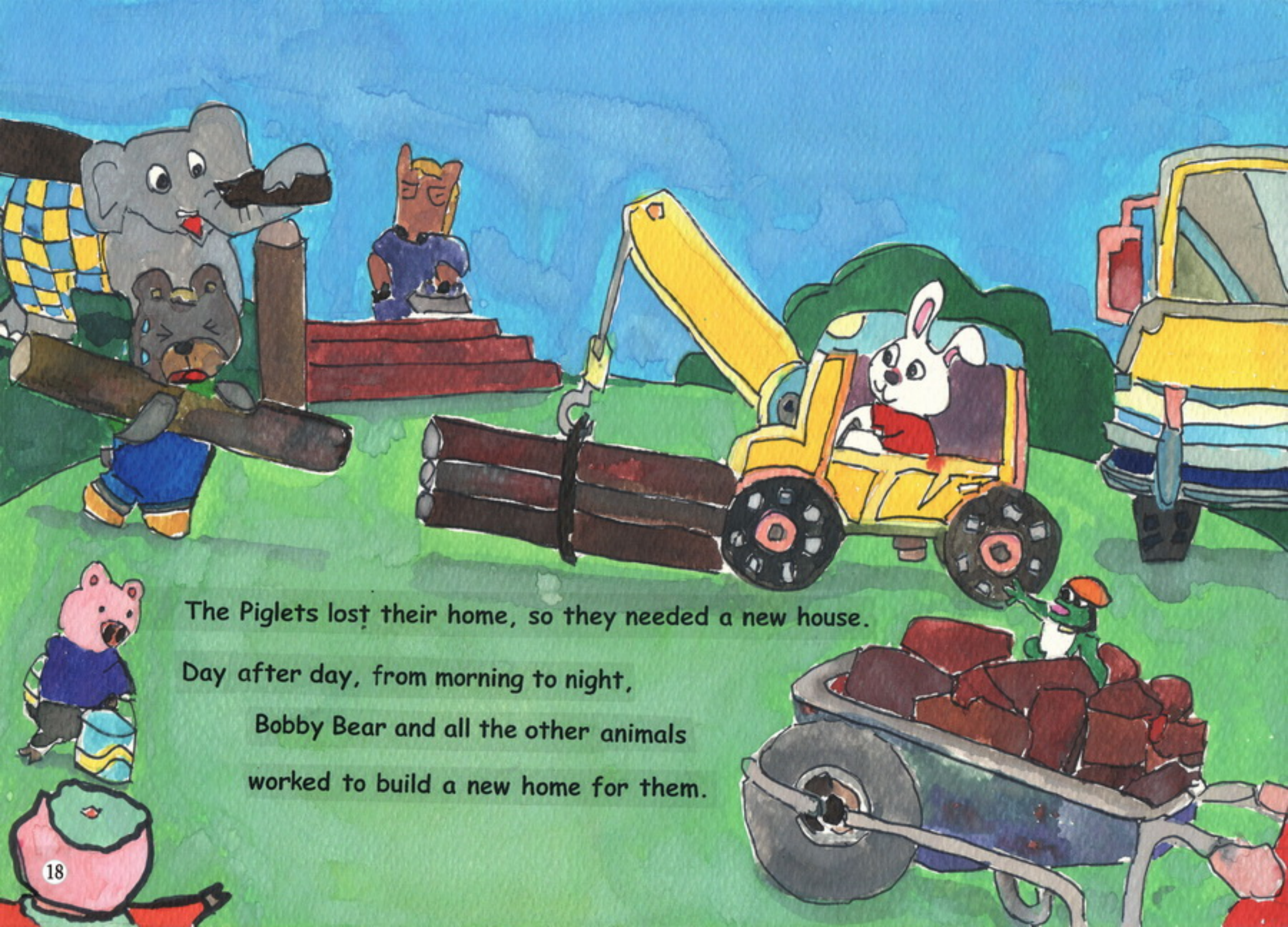


They hurried to her house to put out the fire and Bobby carried all the Piglets out of the house.

When he went home that night, Bobby Bear was so tired.

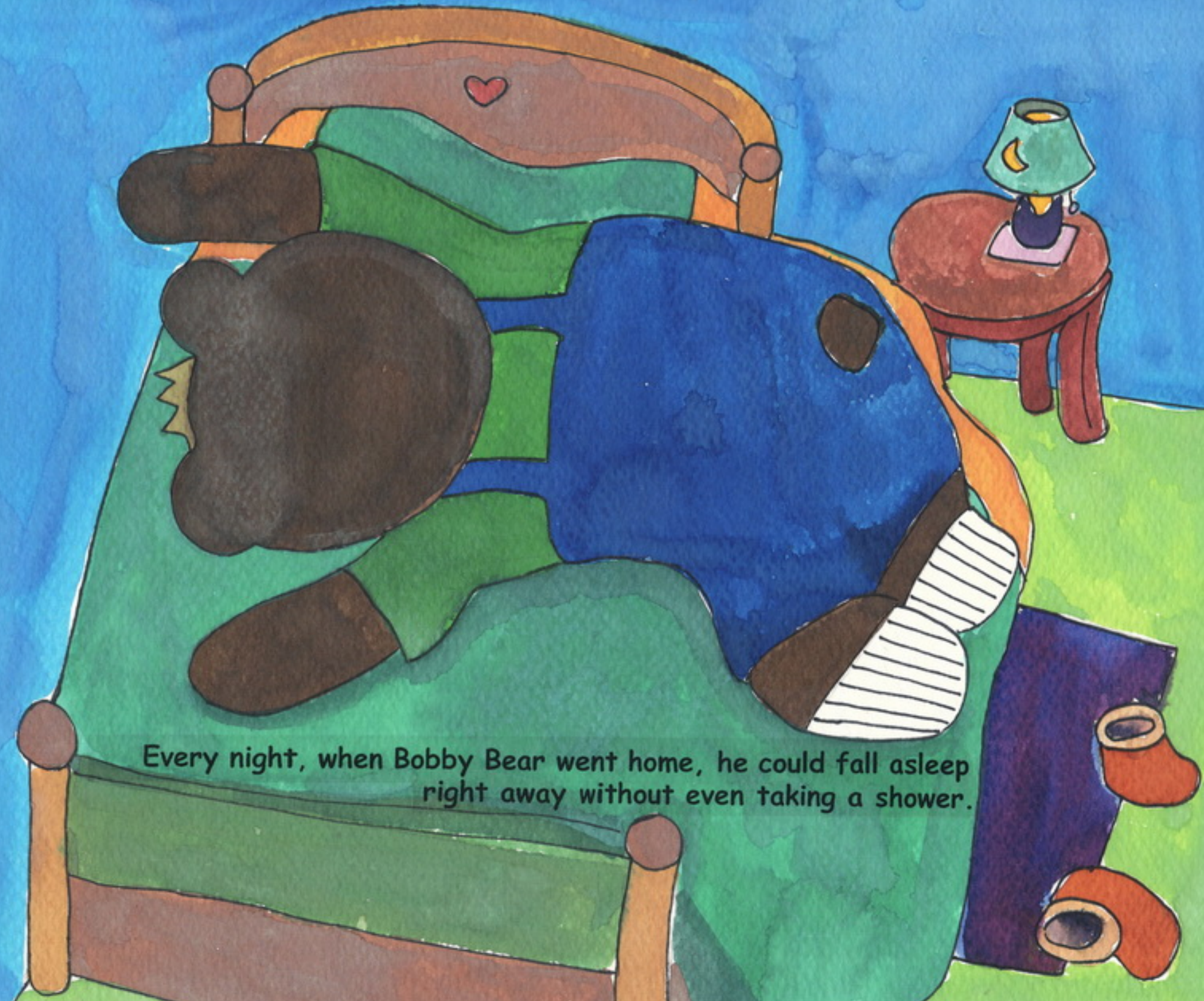
He went to his room, laid on the bed, and fell asleep!





The Piglets lost their home, so they needed a new house.

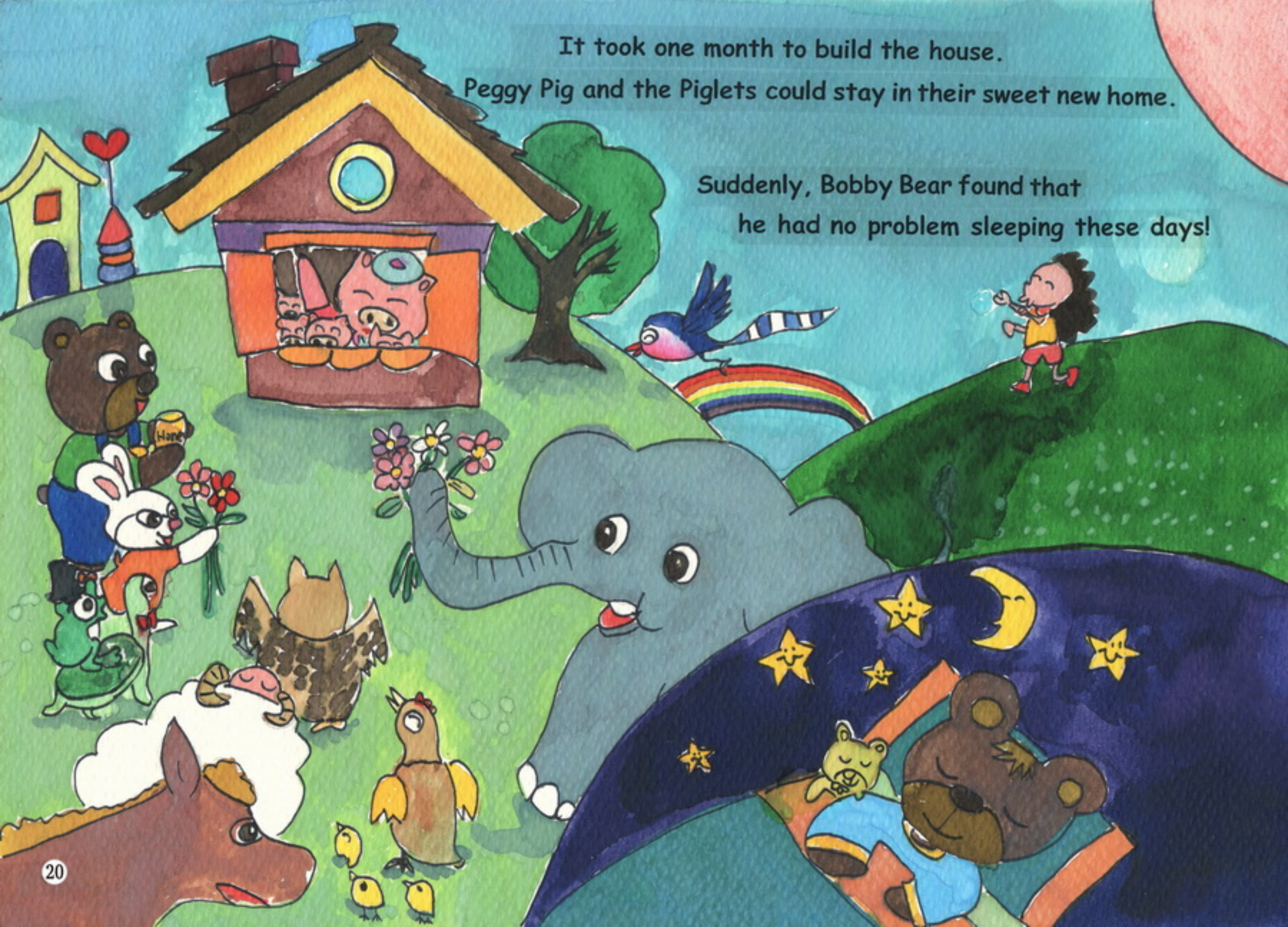
Day after day, from morning to night,  
Bobby Bear and all the other animals  
worked to build a new home for them.



Every night, when Bobby Bear went home, he could fall asleep right away without even taking a shower.

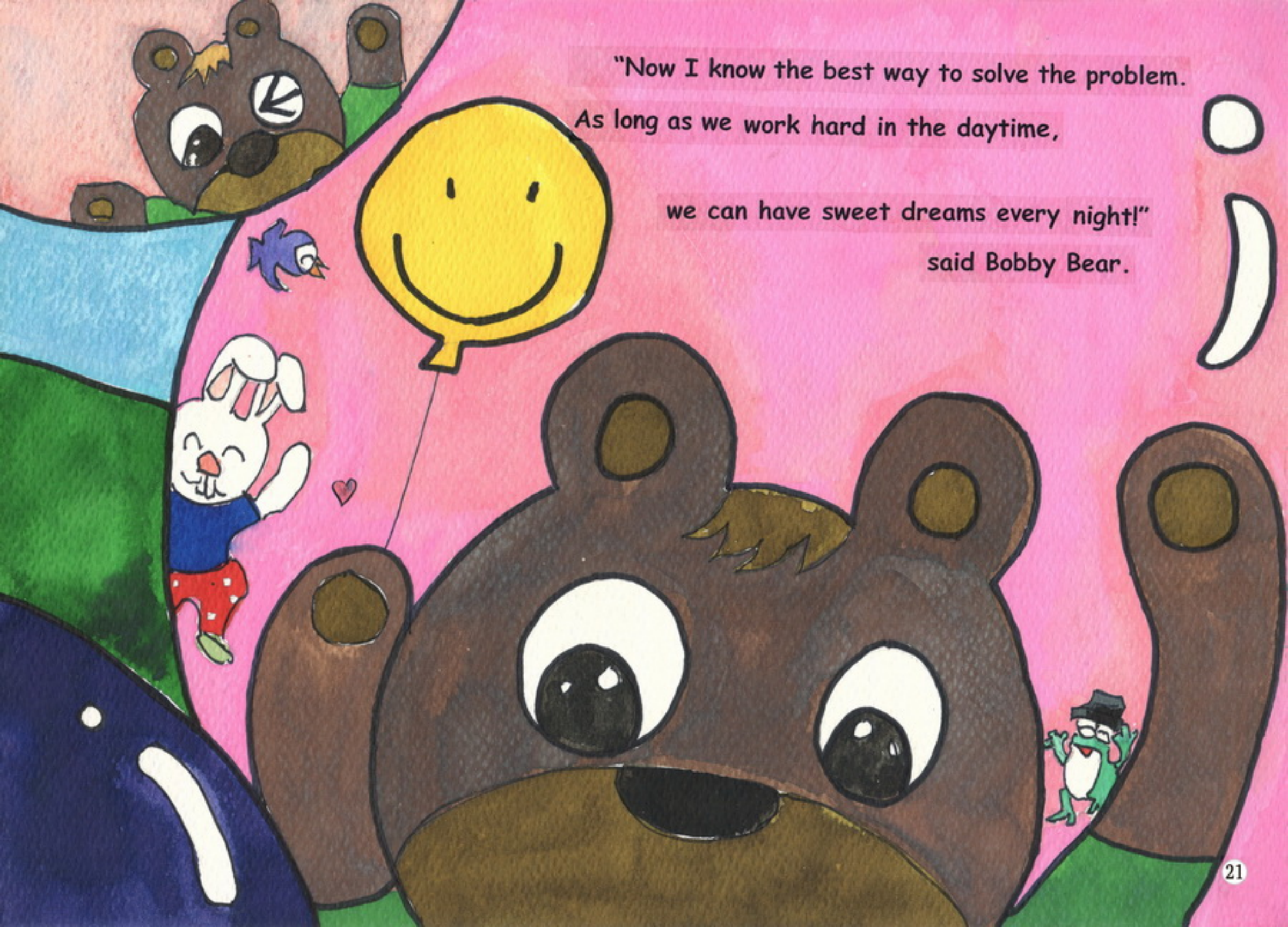
It took one month to build the house.  
Peggy Pig and the Piglets could stay in their sweet new home.

Suddenly, Bobby Bear found that  
he had no problem sleeping these days!



"Now I know the best way to solve the problem.  
As long as we work hard in the daytime,

we can have sweet dreams every night!"  
said Bobby Bear.





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